

Family CHIROPRACTIC

25 YEARS

PRACTICING CHIROPRACTIC IN
SARASOTA SINCE 1981



Dr. Amy Tafeen, DC

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(941) 924-7228

3529 South Tuttle Avenue
Between Bee Ridge and Siesta Circle

WALK IN MASSAGE AVAILABLE ON SATURDAYS - CALL STACEY 928-0813
TAI CHI WITH VANESSA - 6:45-7:45PM TUESDAYS, BEGINNERS WELCOME

OPTIMIZING YOUR HEALTH

Green Earth Home Cleaning Now Offered with Non-Toxic, Safe Products

Daniel and Julianna Tremblay are now offering Green Earth Home Cleaning with a business mission to offer a non-toxic home-cleaning service with client satisfaction in mind at all times. Their personal mission is to create the awareness of global warming among our clients through our newsletter and suggesting simple actions they can take to help reduce global warming.

They tailor home cleanings to each specific home and health needs, and they clean with only non-toxic, environmentally safe household products that are safe for health, home, and the earth. They clean with the belief that caring for the Earth and your health begins at home.



Daniel and Julianna Tremblay

Green Earth Home Cleaning belongs to the ARCSI (Association of Residential Cleaning Services International). Daniel, originally from Quebec City, Canada, and his wife Julianna, originally from Budapest, Hungary, started the company. The couple works to find new ways reduce their own emissions of carbon dioxide.

For more information or a free estimate, visit www.greenearthhomecleaning.com or call 923-1717. See a special article about Green Earth Home Cleaning and Daniel and Julianna Tremblay on page 53.



- NAET Allergy Testing & Treatment
- Acupuncture
- Homeopathy
- Applied Kinesiology
- Nutrition
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- Routine Wellness Care

Southgate

2821 Bee Ridge Road
Sarasota, FL 34239
(941) 926-0788

Lakewood Ranch

10930 State Road 70 East
Bradenton, FL 34202
(941) 756-6188

Howard L. Rand

DVM, CVA, BS pharm
IVAS Certified Since 1974

*Using Alternative
Medicine to Complement
Conventional Wisdom*

With a combination of conventional and holistic medicine, Dr. Howard Rand is committed to keeping pets healthy throughout every phase of their lives. Get your puppy or kitten off to a healthy start, with a holistic approach that will help ensure many years of happiness.

Please call or stop by one of our two convenient locations to learn more about Dr. Rand's unique approach to veterinary care.